Skiing kit list   Essentials for the piste

- Ski Jacket
- Ski Pants/ or salopettes
- Base Layers sets 2-3
- Mid-layers (fleece or soft shell) 1-2
- Goggles or sports sun glasses
- Neck warmer/balaclava
- Warm Hat, ideally covering the ears
- Ski gloves or Mittens 1-2 pairs
- 3-4 pairs of ski socks
- Sun protection cream & lip salve with sunscreen
- Rucksack to carry spare clothing, food, water bottle etc
- Water bottle or hydration pack

Optional extras

- Snow boots for après ski
  - Helmet
  - Ski clips
  - Maps
  - Camera
  - Inner gloves